

REVISED 11/2/15

**WHEELERSBURG MIDDLE SCHOOL
8th GRADE PHYSICAL EDUCATION
2015 - 2016 SCHOOL YEAR
COURSE SYLLABUS**

Instructors: Carol Bialkowski
Jon Estep

Telephone: 574-2515

COURSE OBJECTIVES:

1. To provide programs that increase physical fitness & worthy use of leisure time.
2. To develop a knowledge of rules and teach respect, cooperation, and promote sportsmanship as a participant and a spectator.
3. To provide an environment whereby each student can find avenues for success not attainable in other classroom settings.
4. To provide the student with an opportunity to develop small & large motor activities, flexibility, ability, balance, endurance, strength and coordination, and self-awareness.
5. To promote enjoyment for continual physical activity outside of the school environment.

EVALUATION AND GRADING:

Grades will be awarded by using the "Total Points" grading system.

Grading Scale:	A	100-92.5
	B	92.49-82.5
	C	82.49-72.5
	D	72.49-62.5
	F	62.49 and below

Participation / Daily Work Ethic / Cooperation / Attitude: 100 pts.

Skill Evaluation: 5-25 pts.

Written Assignment: 5-25 pts.

PARTICIPATION:

Each time a student does not dress for class; 10 points will be deducted from their participation and daily work ethic grade. If a student has a poor work ethic and/or poor attitude, 5-10 points per day could also be deducted from this grade.

Students are expected to report to the locker room on time. Dress in appropriate gym clothes and report to their assigned area. Appropriate gym clothes are defined as a t-shirt (no cut off shirts, tank tops, V-neck or any other low cut design.), shorts, socks and tennis shoes. **Students are expected to wear different clothes in class than what is worn to school.**

If a student's absence is unexcused, 5 points will be deducted from his/her participation grade.

NO JEWELRY of any kind will be worn during physical education class. There are no exceptions to this rule, it is a safety issue.

WRITTEN ASSIGNMENTS:

A student that is not able to participate in Physical Education because of a doctor's excuse or home instruction will be required to complete written assignments.

2015-2016
Wheelersburg Middle School Physical Education Assessments
as Mandated by the Ohio Department of Education

Standard 1-Motor Skills and Movement Patterns

Benchmark A-Combined movement skills and patterns in authentic settings

Assessment: Teacher observation

Benchmark B-Specialize manipulative skills in a variety of settings

Assessment: Teacher observation.

Standard 2-Knowledge of movement concept, principles, strategies, and tactics

Benchmark A-Apply tactical concepts and performance principles in authentic settings

Assessment: Collected during Volleyball and/or Basketball Activities

Benchmark-Apply Biomechanical principles

Assessment: Student written evaluations during Volleyball and/or Basketball related skills.

Standard 3-Participates in physical activity

Benchmark A- Engage in physical activity inside and outside of school

Assessment: Ohio Physical Education Assessment Pyramid Worksheet /Log

Benchmark B-Create and monitor a personal plan for physical activity

Assessment: Wheelersburg P.E. Department personal plan for physical activity packet

Standard 4-Health enhancing level of fitness

Benchmark A- Demonstrates health-related fitness

Assessment: Wheelersburg Fitness Test

Benchmark B-Understand Principles, components and practices

Assessment: Personal fitness plan for physical activity packet

Standard 5- Personal and social behavior

Benchmark A-Safety and Etiquette

Assessment: Rubric from ODE on Personal Responsibility through observation

Benchmark B-Communication and social responsibility

Assessment: Rubric from ODE on Social Responsibility through observation

Standard 6-Values physical activity

Benchmark A- Use physical activity to promote growth, goal setting and enjoyment

Assessment: Physical Activity Marketing Plan(Art class)

Benchmark B-Pursue physical activity that promote self-expression and social interaction

Assessment: Physical Activity Marketing Plan (Art class)